

ABDO NRC Menu - Buffets



Essential Menu (Buffet)

White Bread Sandwiches;

Just Gammon Ham
Free Range Egg Mayo & Mustard Cress (v)
Tuna & Cucumber

Granary Bread Sandwiches;

Chicken & Seasoned Mayo
Gammon Ham Salad
Cheese & Tomato (v)
Chargrilled Veg & Hummus (v)
Sliced Chicken Tikka, Hellmans Fresh Mint Mayo, Lettuce

Savoury Selection

Proper Cornish Sausage Roll
Hand Raised Pork Pie
Chicken Satay Skewer
Spinach & Ricotta Quiche in a Turmeric & Fennel Crust (v)
Onion Bhaji (v)
Proper Cornish Vegan Roll (v)



Classic Menu (Buffet)

White Bread Sandwiches;

Just Gammon Ham
Free Range Egg Mayo & Mustard Cress (v)
Tuna & Cucumber

Granary Bread Sandwiches;

Chicken & Seasoned Mayo
Gammon Ham Salad
Cheese & Tomato (v)
Chargrilled Veg & Hummus (v)
Sliced Chicken Tikka, Hellmans Fresh Mint Mayo, Lettuce

Savoury Selection

Proper Cornish Sausage Roll
Hand Raised Pork Pie
Chicken Tikka Split Sticks
Bacon & Mature Cheddar Quiche in a Herb Crust
Broccoli, Red Pepper Quiche in a Beetroot & Cumin Crust (v)
Onion Bhaji (v)

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Foodie Menu (Buffet)

Bagels;

Pastrami, Mustard Mayo, Pickled Gherkins, Shaved Croxton Manor Mature Cheddar Cheese, Lettuce.
Roast Chicken, Smoked Streaky Bacon, Avocado, Seasoned Mayo.
Smoked Salmon, Black Pepper, Lemon Juice & Cream Cheese (v).
Crumbled Onion Bhaji, Ludlow Bengal Chutney, Fresh Mint Mayo, Fresh Coriander (v).
Somerset Brie, Cranberry (v).

Savoury Selection

Hand Raised Pork Pie
Broccoli & Red Pepper Quiche in a Beetroot & Cumin Crust (v)
Bacon & Mature Cheddar Quiche in a Herb Crust
Mini Cream Cheese Stuffed Peppers (v)
Hoisin Duck Mini Pancakes
Mozzarella Tomato Basil Skewer (v)
Piri Piri Chicken Split Sticks
Chicken & Chorizo Skewer
Manchego Cheese & Mixed Olives (v)
Smoked Salmon Cream Cheese Beetroot Wrap Pin Wheels



Connoisseur Menu (Buffet)

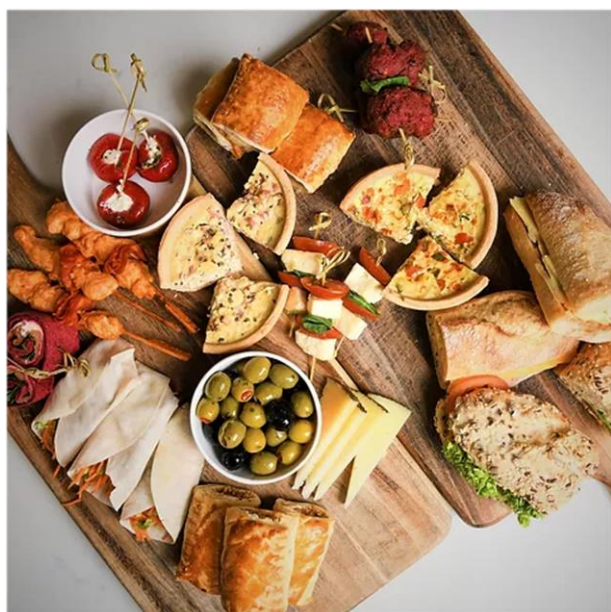
Artisan Roll;

Sweet Cure Smoked Steak Bacon, Hellmans Mayo, Sliced Tomato & Lettuce.
Roast Chicken, Sticky Sweet Chilli Sauce, Lettuce.
Shaved Croxton Manor Mature Cheddar Cheese & Ludlow Postmas Pickle (v).
Smoked Salmon, Sliced Free Range Egg, Cracked Black Pepper, Lettuce (v).
Crumbled Falafel, Fresh Mint Mayo & Cucumber (v).

Savoury Selection

Proper Cornish Sausage Roll
Hand Raised Pork Pie
Proper Cornish Vegan Roll (vg)
Spinach & Ricotta Quiche in a Turmeric & Fennel Crust (v)
Bacon & Mature Cheddar Quiche in a Herb Crust
Mozzarella Tomato Basil Skewer (v)
Southern Style Chicken Mini Fillet Split Sticks
Onion Bhaji

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Artisan Menu

Sour Dough Baguettes;

Gammon Ham, Shaved Croxton Manor Mature Cheddar Cheese
Shaved Croxton Manor Mature Cheddar Cheese, Tomato,
Cucumber, Lettuce. (v)

Roast Chicken, Tomato, Endive Lettuce, Cucumber

Roast Chicken, Lettuce, Tomato, Mayo

Sliced Avocado, Lemon Hellmans Mayo, Tomato & Chilli Flakes (v)

Savoury selection

Gourmet Artisan Sausage Roll

Falafel Skewer with Mint Mayo Dip (v)

Proper Cornish Vegan Roll (vg)

Broccoli, Red Pepper Quiche in a Beetroot & Cumin Crust (v)

Bacon & Mature Cheddar Quiche in a Herb Crust

Mini Cream Cheese Stuffed Peppers (v)

Hoisin Duck Mini Pancakes

Mozzarella Tomato Basil Skewer (v)

Chicken & Chorizo Skewer

Smoked Salmon Cream Cheese Beetroot Wrap Pin Wheels

Manchego Cheese & Mixed Olives (v)

Cakes

Carrot Cake

Millionaire Cake

Chocolate Caramel Brownie

Malteser Tiffin

Date Apricot & Orange Cake

Strawberry Milkshake Mini
Doughnut

White Chocolate Caramel Mini
Doughnut



ABDO NRC – Individual Lunch Boxes

Individual Lunch Delegate Box # C



Artisan Roll Choice:

Sweet Cure Smoked Steaky Bacon, Hellmans Mayo,
Sliced Tomato & Lettuce.

Roast Chicken, Sticky Sweet Chilli Sauce, Lettuce.

Shaved Croxton Manor Mature Cheddar Cheese &
Ludlow Postmas Pickle (v).

All of these Savoury Items:

Proper Cornish Sausage Roll

Chicken Tikka Split Sticks

Spinach & Ricotta Quiche in a Turmeric & Fennel Crust (v)

Crisps or Cake

Individual Lunch Delegate Box # C Veggie



Artisan Roll Choice:

Shaved Croxton Manor Mature Cheddar Cheese &
Ludlow Postmas Pickle (v).

Smoked Salmon, Sliced Free Range Egg, Cracked Black Pepper, Lettuce
(v).

Crumbled Falafel, Fresh Mint Mayo & Cucumber (v).

All of these Savoury Items:

Mozzarella Tomato Basil Skewer (v).

Proper Cornish Vegan Roll (vg).

Broccoli & Roasted Red Pepper Quiche in a Beetroot
& Cumin Crust (v).

Crisps or Cake

For any dietary requirements please email enquiries@abdonrc.org.uk or mhayes@abdo.org.uk

ABDO NRC – Individual Lunch Boxes

Individual Lunch Delegate Box # A

Sandwich Choices:

- Chicken & Seasoned Mayo.
- Gammon Ham Salad.
- Free Range Egg Mayo & Mustard Cress (v).
- Cheese & Tomato (v)
- Chargrilled Veg & Hummus (v)

Packet of Quality Crisps.

Piece of Fresh Fruit.

Sanitising Hand Wipe & Napkin



Individual Lunch Delegate Box # B

Sandwich Choice:

- Bacon Lettuce Tomato Mayo
- Chicken & Seasoned Mayo
- Gammon Ham Salad
- Sliced Chicken Tikka, Hellmans Fresh Mint Mayo, Lettuce

All of these Savoury Items

Hand Raised Pork Pie.

Chicken Satay Skewer.

Bacon & Mature Cheddar Quiche in a Herb Crust.

Crisps or Cake

Sanitising Hand Wipe & Napkin



Individual Lunch Delegate Box # B (V)

Sandwich Choice:

- Free Range Egg Mayo & Mustard Cress (v)
- Cheese & Tomato (v)
- Chargrilled Veg & Hummus (v)

All of these Savoury Items:

Falafel Skewer with Mint Mayo Dip (v).

Proper Cornish Vegan Roll (vg).

Broccoli & Roasted Red Pepper Quiche in a Beetroot & Cumin Crust (v).

Crisps or Cake

Sanitising Hand Wipe & Napkin

